

# Sicily Incentive Trip Activity Options April 2 – 8, 2025

AF Group will sponsor an optional activity for you and for your guest on Saturday, April 5 and Sunday, April 6. You will be asked to select one activity per person, per day. Please review the descriptions below. All listed activity times are subject to change.

Activities: Saturday, April 5

**Cooking Class and Dinner Near Hotel** 

Cooking Class and Dinner in Grandma's Kitchen at Cucina de Sole

**Godfather Tour** 

Trekking at the Alcantara Gorges with Italian BBQ Dinner

**Seaside Cruise with Dinner** 

Sicilian Artist House/Dinner at Local Restaurant

**Pasta Making and Wine Tasting Dinner at Benanti Winery** 

**Dolce Amore – Spa Service for Two with Dinner** 

**Evening at Leisure with Dinner Credit** 

Activities: Sunday, April 6

**Godfather Tour** 

**Experience Mount Etna with Lunch Option at Palmento Costanzo Winery** 

Cooking Class and Lunch in Grandma's Kitchen at Cucina de Sole

**Cooking Class with Michelin Star Chef – Gluten Free Experience** 

**Cooking Class and Lunch at Villa Lawrence** 

Pizza Making and Tasting at Villa Zuccaro

La Dolce Vita Spa Escape

**Afternoon at Leisure with Lunch Credit** 

#### **Saturday Experiences**

#### **Cooking Class and Dinner Near Hotel**





Experience the culinary delights of Sicily with a unique cooking experience! Immerse yourself in the vibrant local culture as you learn to prepare traditional Sicilian dishes using fresh, local ingredients. Guided by an expert chef, you will master essential techniques and gain insights into the rich history of Sicilian cuisine.

After the class, savor the fruits of your labor with a beautifully presented dinner featuring the dishes you've created, paired with local wines. This unforgettable experience promises to be a celebration of flavors, culture and community – all set against the stunning Sicilian landscape.

Day Offered: Saturday, April 5

**Time:** Start times ranging between 3 - 5 p.m.

Return times ranging between 7:30 – 10 p.m.

**Activity Duration:** 4-5 hours

**Transfer Time:** Short walk (up to one mile) or short transfer (up to 15 minutes) from hotel

Attire & Items to Bring: Comfortable clothing and footwear, avoid loose sleeves.

**Loved By:** Cultural Explorers, Food Enthusiasts

**Inclusions:** Approximately two hours of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Dinner, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** No prior cooking experience required. Please indicate in your registration if you are

not able/would prefer not to walk up to one mile to your dining location. Additional details regarding your particular cooking class time and location will be provided in

your mobile app prior to the trip.

#### Cooking Class and Dinner in Grandma's Kitchen at Cucina de Sole





Discover Sicily through its rich culinary traditions with a unique cooking experience at Cucina Del Sole located on the sun-soaked slopes of Mount Etna, just outside Catania. Surrounded by olive groves, citrus orchards and vineyards producing the renowned DOC wines of Etna, this stunning setting offers the perfect introduction to Sicily's flavors and ingredients.

Hosted by gastronomy journalist Monica Consoli in her charming 18th-century Sicilian home, this hands-on class takes place in the same cozy kitchen where Monica's grandmother mastered traditional Sicilian cooking. Over the course of three hours, you'll learn to prepare classic Sicilian dishes with a focus on fresh pasta, fish and vegetable recipes.

Following the class, enjoy an aperitif in the fragrant garden filled with citrus trees and jasmine. Then, savor the fruits of your labor during a final dinner where you'll taste the dishes you've created. This unforgettable experience combines history, culture and the vibrant flavors of Sicily into a culinary adventure like no other.

Day Offered: Saturday, April 5

**Time:** 4 - 9:30 p.m.

**Activity Duration:** 5 hours, 30 minutes

**Transfer Time:** 50 minutes

Attire & Items to Bring: Comfortable, light casual attire is recommended as it can get warm in the

kitchen.

**Loved By:** Tradition Tasters

**Inclusions:** Approximately three hours of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Dinner, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** No prior cooking experience required. Portions of the experience are outdoors;

please consider the weather and bring a light jacket if needed.

#### "The Godfather" Tour



Set off on an unforgettable adventure through Sicily's stunning landscapes where timeless beauty meets cinematic history. Explore the beautiful Sicilian landscape as you ride to one of the charming Sicilian villages where the iconic "Godfather" trilogy was filmed!

You'll cruise along the coastal roads of Taormina, making a scenic stop in Sant'Alessio Siculo for some picturesque photos. Your journey continues to the enchanting village of Savoca where time stands still and the legacy of "The Godfather" is felt in every stone. Visit the famous Bar Vitelli where Michael Corleone asked for Apollonia's hand in marriage and see the artifacts and photographs from when Francis Ford Coppola filmed this legendary scene.

Next, wind your way to Forza d'Agrò, a hilltop village offering breathtaking panoramic views. Explore the historic church where Michael Corleone's son was baptized in "The Godfather Part III," while taking in the majestic scenery around you. The evening concludes with a delicious dinner at a local restaurant, before a comfortable transfer back to the hotel. This is your chance to immerse yourself in Sicily's cinematic past while enjoying the thrill of the present!

Day Offered: Saturday, April 5

**Time:** 4 - 10 p.m.

**Activity Duration:** 6 hours

**Transfer Time:** 40 minutes

Attire & Items to Bring: Casual, lightweight attire is recommended; closed-toed shoes, sunglasses, hat.

Loved By: Film Buffs

**Inclusions:** Dinner, beverages, gratuities and English-speaking guide will be provided.

**Special Remarks:** Be prepared for varied weather as the journey covers both coastal and

mountainous roads.

# Trekking at the Alcantara Gorges with Italian BBQ Dinner





Explore the breathtaking natural wonders of Sicily with an exhilarating adventure at the Alcantara Gorges! Formed thousands of years ago when lava from Mount Etna cooled and crystallized into columns, this stunning canyon was carved out over time by the Alcantara River. Less than an hour from the hotel, this unforgettable

After the adventure, toast with a glass of prosecco before heading back up for a casual BBQ dinner. This is your chance to immerse yourself in the wild beauty of Sicily and enjoy a day of fun, discovery and delicious food!

Day Offered: Saturday, April 5

**Time:** 4 - 10 p.m.

**Activity Duration:** 6 hours

**Transfer Time:** 40 minutes

Attire & Items to Bring: Comfortable clothing

Loved By: Adventure Seekers

**Inclusions:** Transportation, water, guide, gratuities, dinner, entrance to Alcantara Gorges.

**Special Remarks:** Medium difficulty, extensive walking on uneven ground and in water.

#### **Seaside Cruise with Dinner**





Set off on a stunning coastal adventure along Sicily's Taormina coastline aboard a privately chartered Turkish Gulet, known locally as a Caicco—a traditional, large wooden motor sailor. After a 30-minute drive from the hotel to the port of Giardini Naxos, you'll board your exclusive vessel and be introduced to the friendly crew before embarking on this scenic journey.

As you sail north along the coast, you'll be treated to breathtaking views of towering cliffs, hidden grottos and both golden and pebbly beaches. Far from the crowds, you can relax in the crystal-clear waters, explore secluded bays and take in the beauty of the Taormina coastline from the sea—a truly unique perspective.

The experience culminates with a return to Naxos, where you'll enjoy a sunset aperitif, followed by a delicious seaside dinner at a local restaurant. This is a perfect blend of relaxation, stunning scenery and Sicilian flavors for an unforgettable evening on the water!

Day Offered: Saturday, April 5

**Time:** 4 - 10:30 p.m.

Activity Duration: 6 hours, 30 minutes

Transfer Time: 30 minutes

Attire & Items to Bring: Casual, comfortable clothing. Comfortable shoes or flip-flops, light jacket or

sweater, camera.

Loved By: Sunset Admirers

**Inclusions:** Transportation, water, gratuities, dinner, beverages

**Special Remarks:** Life jackets provided on board vessel. Check the weather forecast and dress

accordingly as conditions can change quickly on the water.

#### Sicilian Artist House/ Dinner at Local Restaurant





Step into a world of Sicilian artistry and folklore with an exclusive visit to the home-studio of Agatino "Tino" Giammona, an eccentric and talented artist whose creations capture the essence of Sicilian Baroque. Nestled in a charming street in the historic center of Taormina, Tino's atelier is a treasure trove of local tradition and craftsmanship. Every inch of his home is filled with handcrafted straw bags, vibrant paintings, votive decorations and intricate objects inspired by Sicilian carts and puppets. With a mix of sacred and profane symbols, his space is a colorful homage to Sicily's timeless past.

This evening, Tino will personally welcome you into his enchanting world. Explore his one-of-a-kind studio, witness his creative process and immerse yourself in the rich artistry of Sicily. Then, unleash your own creativity by decorating a miniature "coffe" bag—Sicilian straw bags once used for olive harvesting—with playful wooden pompoms and bright colors.

Cap off this artistic adventure with a Prosecco toast before heading to a nearby local restaurant for a delightful dinner. It's an evening of creativity, culture and celebration that will leave you inspired!

Day Offered: Saturday, April 5

**Time:** 5:30 – 9:45 p.m.

Activity Duration: 4 hours, 15 minutes

**Transfer Time:** Walking distance of hotel

Attire & Items to Bring: Casual comfortable attire, light jacket or sweater.

Loved By: Artisan Aficionado

**Inclusions:** Dinner, beverages, gratuities and English-speaking guide will be provided.

Pasta Making and Wine Tasting Dinner at Benanti Winery





Embark on a delightful culinary journey at Benanti Winery, a prestigious vineyard nestled in a charming 19th-century estate in Viagrande renowned for producing some of Sicily's most awarded wines. Just under an hour's scenic drive away, your adventure begins as you are welcomed by the knowledgeable Benanti guides.

Explore the picturesque estate with a leisurely walk up the slopes of Monte Serra, an ancient volcanic cone blanketed in lush vines. Discover the rich history of winemaking as you visit the old Palmento, where you'll learn about traditional local customs and ancient techniques. Then, immerse yourself in the winery's historical cellar and oak barrel room where exquisite red wines are aged to perfection.

Next, step into the cozy elegance of the winery's kitchen for a fun-filled pasta-making class. You'll learn to create various types of pasta from scratch and prepare two delicious sauces followed by a Cannolo-making demonstration led by the chef.

Conclude your experience with a delightful dinner featuring a tasting of your culinary creations paired with some of Benanti's finest wines, along with a sweet dessert to round out the evening. Join us for this unforgettable blend of Sicilian culture, gastronomy and the art of winemaking!

Day Offered: Saturday, April 5

**Time:** 3:30 - 9 p.m.

**Activity Duration:** 5 hours, 30 minutes

**Transfer Time:** 50 minutes

Attire & Items to Bring: Dress casually but nicely, suitable for both outdoor exploration and hands-on

cooking; closed-toed shoes, light jacket or sweater.

Loved By: Wine Enthusiasts

**Inclusions:** Approximately one hour of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Dinner, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** No prior cooking experience required. Portions of the experience are outdoors;

please consider the weather and bring a light jacket if needed.

#### **Dolce Amore – Spa Service and Dinner for Two**





Indulge in a luxurious spa experience for two at the exquisite San Domenico Palace in Sicily, where tranquility meets elegance. Begin your retreat with a rejuvenating spa treatment, expertly designed to relax and revitalize your senses. Enjoy a selection of soothing therapies, including massages and facials, set within the serene ambiance of the palace's opulent spa facilities.

After your pampering session, delight in a culinary journey with a room service credit to finish your romantic evening together. Savor the freshest local ingredients and authentic Sicilian flavors, all complemented by an exceptional selection of wines. This experience promises a perfect blend of relaxation and gourmet indulgence, making it an unforgettable evening at the San Domenico Palace.

Day Offered: Saturday, April 5

**Time:** Spa appointments available 2 - 7 p.m.

Dinner at leisure

Activity Duration: 60 minutes

**Transfer Time:** None – on the San Domenico Palace property

Attire and Items to Bring: To fully enjoy the experience, please bring a bathing suit. Towels, sandals and

robes are provided.

Services: Sicily Body Scrub: 50 Minutes

Revitalize your body with a full exfoliation treatment. Begin with a soothing massage using warm botanical oils, followed by a mineral rice exfoliant and a

refreshing Sicilian citrus-scented oil.

**Purifying Facial: 60 Minutes** 

This facial uses premium Barbara Sturm products to deliver essential hydration and minimize impurities, resulting in an instant calming effect. It also helps reduce the appearance of fine lines and wrinkles, leaving skin smoother, more hydrated and healthier.

Taormina Aromatherapy and Relaxation Massage: 60 Minutes

Indulge in an aromatic massage with a warm blend of pure Sicilian citrus oils. This relaxing experience strengthens the immune system, rebalances the breath and deeply relaxes both mind and body.

#### **Etna Deep Tissue Massage: 60 Minutes**

This massage combines the powerful aromas of myrtle and mastic—plants native to the Mediterranean Maquis—with deep, de-contracting techniques to help relieve muscle tension.

Loved By: Tranquility Seekers

**Inclusions:** Appointment, gratuities, room credit for dinner.

**Special Remarks:** Couples massages for the Taormina Aromatherapy and Etna Deep Tissue

experiences may be requested during registration.

# **Evening at Leisure with Room Service Credit**



Experience the charm and luxury of Taormina in your own way with a room service credit designed for relaxation and personalization. Whether you crave a leisurely dinner with flavors that capture the heart of Sicily or a romantic dinner without leaving the comfort of your room, this credit gives you the freedom to enjoy it all. With the stunning San Domenico Palace as your backdrop, take the opportunity to unwind, savor and immerse yourself in the best of Taormina, all at your own pace.

Day Offered: Saturday, April 5

Time: At leisure

**Transfer Time:** None – on the San Domenico Palace property

Loved By: Leisure Lovers

**Inclusions:** \$125 per person room service credit

#### **Sunday Experiences**

#### "The Godfather" Tour



Set off on an unforgettable adventure through Sicily's stunning landscapes where timeless beauty meets cinematic history. Explore the beautiful Sicilian landscape as you ride to one of the charming Sicilian villages where the iconic "Godfather" trilogy was filmed!

You'll cruise along the coastal roads of Taormina, making a scenic stop in Sant'Alessio Siculo for some picturesque photos. Your journey continues to the enchanting village of Savoca where time stands still and the legacy of "The Godfather" is felt in every stone. Visit the famous Bar Vitelli, where Michael Corleone asked for Apollonia's hand in marriage and see the artifacts and photographs from when Francis Ford Coppola filmed this legendary scene.

Next, wind your way to Forza d'Agrò, a hilltop village offering breathtaking panoramic views. Explore the historic church where Michael Corleone's son was baptized in "The Godfather Part III," while taking in the majestic scenery around you. The evening concludes with a delicious dinner at a local restaurant before a comfortable transfer back to the hotel. This is your chance to immerse yourself in Sicily's cinematic past while enjoying the thrill of the present!

Day Offered: Sunday, April 6

**Time:** 9 a.m. – 3 p.m.

**Activity Duration:** 6 hours

Attire & Items to Bring: Casual, lightweight attire is recommended, closed-toed shoes, sunglasses, hat

Loved By: Film Buffs

**Inclusions:** Dinner, beverages, gratuities and English-speaking guide will be provided.

**Special Remarks:** Be prepared for varied weather as the journey covers both coastal and

mountainous roads.

#### **Mount Etna Experiences**





Mount Etna offers a unique chance to experience one of the world's most active volcanoes with landscapes shaped by lava flows, craters and rugged terrain. You will have the opportunity to choose how you want to take in the stunning views of Sicily and the Mediterranean. This UNESCO World Heritage site is perfect for nature lovers, adventure seekers and anyone captivated by volcanic beauty.

Customize your day with these options:

- **Unimog:** Ascend to 8,800 feet with a volcanologist guide for views of ancient craters and fresh lava flows.
- **Hike:** Take a two-hour, medium-difficulty hike to 5,500 feet (500-foot elevation gain hike), exploring Monte Nero's craters and 2002 eruption remnants.
- **Jeep Tour:** Ride through trails with an expert guide to see the 2002 lava flow, Sartorius Mountains and panoramic coastal views.
- **E-Biking:** Join a guided, two-hour e-bike tour through ancient lava fields and lush forests, revealing new sights along the way.
- Quad Tour: Begin in Ragabo forest and ride with a guide through black lava fields and dense forests, stopping at scenic viewpoints.

**Optional Add-On:** End your adventure with a traditional Sicilian lunch and Etna wines at a winery on the volcano's slopes or opt to return directly to the hotel.

Day Offered: Sunday, April 6

**Time:** 8:30 a.m. – 1:30 or 4 p.m.

**Activity Duration:** 5 hours without winery (1:30 p.m. return time)

7.5 hours with winery stop (4 p.m. return time)

**Transfer Time:** 1 hour, 15 minutes

Attire & Items to Bring: Layered clothing, a windproof jacket, hat, scarf, closed-toed shoes.

Loved By: Adventure Seekers

**Inclusions:** Guided tour, all necessary equipment, transportation, beverages, lunch (if selected),

gratuities, English speaking guide.

# **Special Remarks:**

Operation of the activity is subject to weather/volcano conditions. Due to high altitudes, this tour is not recommended for people suffering from high blood pressure. Climbing is not advisable for pregnant women, asthmatics and people with breathing, cardiac and joint problems.

# Mount Etna 4x4 Unimog Tour with Lunch Option at Palmento Costanzo Winery





This unforgettable tour begins with transfer from the hotel to the northern slope of Etna. At the Piano Provenzana cableway station, approximately 6,000 feet above sea level, hop aboard UNIMOG vehicles for an exhilarating ascent to the upper regions of the volcano, reaching an altitude of about 8,800 feet—close to the site of the most recent crater.

Accompanied by an official volcanologist guide, embark on a short panoramic walk in the craters' vicinity, leading you to stunning viewpoints that showcase ancient craters and fresh lava flows. Your journey culminates at the Volcanological Observatory perched at an impressive 9,200 feet. There, you can marvel at the magnificent landscape and enjoy breathtaking views of the top crater and the coastline stretching from Taormina to Catania.

Optional add-on: After soaking in the unique and fascinating scenery, we'll make our way to a charming winery nestled on the slopes of the volcano where you'll indulge in a traditional Sicilian lunch paired with exquisite Etna wines. This is a chance to savor the flavors of the region while surrounded by the breathtaking beauty of one of nature's most magnificent wonders. Join us for an adventure that combines stunning landscapes, fascinating geology and delectable Sicilian cuisine!

Day Offered: Sunday, April 6

**Time:** 8:30 a.m. – 1:30 or 4 p.m.

**Activity Duration:** 5 hours without winery (1:30 p.m. return time),

7.5 hours with winery stop (4 p.m. return time)

**Transfer Time:** 1 hour, 15 minutes

Attire & Items to Bring: Temperature drops at high altitudes and you can expect wind, so be sure to wear

layered clothing and a good windproof jacket. A hat and scarf are also helpful. It is also advisable to wear good, closed shoes, such as hiking or sport shoes with

good grip.

**Loved By:** Adventure Enthusiasts

**Inclusions:** Guided tour, all necessary equipment, transportation, beverages, lunch (if selected),

gratuities, English speaking guide.

# **Special Remarks:**

Operation of the activity is subject to weather/volcano conditions. Due to high altitudes, tour is not recommended for people suffering from high blood pressure. Climbing is not advisable for pregnant women, asthmatics and people with breathing, cardiac and joint problems.

# Mount Etna Hiking Trail Tour with Lunch Option at Palmento Costanzo Winery





Your adventure begins with a scenic transfer to the Provenzana plain in Linguaglossa where you'll embark on a captivating two-hour hike along a medium-difficulty trail. Ascend the northern slope at an elevation of 5,000 to 5,500 feet, immersing yourself in the wild beauty of this extraordinary terrain.

As you navigate the stunning path of Monte Nero, prepare to be amazed by the Bottoniera, known as "the perfect eruption." This striking lunar landscape features a series of craters that showcase both the wonder and devastation of volcanic activity. Witness the remnants of the 2002 eruptions that reshaped the ski resort of Piano Provenzana and left their mark on nearby villages. You'll be enchanted by the dramatic contrast of lush pine and beech forests against the stark black lava fields.

Optional add-on: After an exhilarating day of trekking, we'll take you to a charming winery on the slopes of the volcano where you can indulge in a delightful Sicilian lunch paired with exceptional Etna wines. This unforgettable experience offers a perfect blend of natural beauty, rich history and exquisite flavors—an adventure that will linger in your memories long after the journey ends!

Day Offered: Sunday, April 6

**Time:** 8:30 a.m. – 1:30 or 4 p.m.

**Activity Duration:** 5 hours without winery (1:30 p.m. return time),

7.5 hours with winery stop (4 p.m. return time)

**Transfer Time:** 1 hour, 15 minutes

Attire & Items to Bring: Hiking or sport shoes with good grip, hat, sunglasses, sunscreen and light wind

jacket recommended.

Loved By: Volcano Voyeur

**Inclusions:** Guided tour, all necessary equipment, transportation, beverages, lunch (if selected),

gratuities, English speaking guide.

**Special Remarks:** Operation of the activity is subject to weather/volcano conditions. Due to high

altitudes, tour is not recommended for people suffering from high blood pressure.

Climbing not advisable for pregnant women, asthmatics and people with

breathing, cardiac and joint problems.

# Mount Etna Jeep Tour with Lunch Option at Palmento Costanzo Winery





Get ready for an exhilarating adventure to Mount Etna where nature's wonders await! You'll board a jeep with skilled drivers who will guide you along winding dirt roads into this magnificent landscape. As we ascend through enchanting chestnut and oak forests, our first stop is the dramatic lava flow from the powerful 2002 eruption where you'll witness nature's raw power firsthand.

Next, we'll take a short hike to the Sartorius Mountains, a breathtaking series of eruptive cones formed in 1865, soaring to 1,700 meters above sea level. This unique area boasts geological marvels, featuring clearings filled with endemic plants and picturesque birch woodlands.

As we descend, enjoy panoramic views of the stunning Ionian coast, from Riposto to Taormina, and the breathtaking Calabrian coastline. From 2,000 meters near Piano Provenzana, be awed by dramatic lava formations and the majestic North-East Crater, a testament to the volcano's incredible force.

Optional add-on: After soaking in the unique and fascinating scenery, we'll make our way to a charming winery nestled on the slopes of the volcano where you'll indulge in a traditional Sicilian lunch paired with exquisite Etna wines. This is a chance to savor the flavors of the region while surrounded by the breathtaking beauty of one of nature's most magnificent wonders. Join us for an adventure that combines stunning landscapes, fascinating geology and delectable Sicilian cuisine!

Day Offered: Sunday, April 6

**Time:** 8:30 a.m. – 1:30 or 4 p.m.

**Activity Duration:** 5 hours without winery (1:30 p.m. return time),

7.5 hours with winery stop (4 p.m. return time)

Attire & Items to Bring: Comfortable clothes and closed toe shoes with a good grip (no flip flops),

windproof jacket and layered clothing recommended

Loved By: Outdoor Foodie

**Inclusions:** Guided tour, all necessary equipment, transportation, beverages, lunch (if selected),

gratuities, English speaking guide.

**Special Remarks:** Operation of the activity is subject to weather/volcano conditions. Due to high

altitudes, tour is not recommended for people suffering from high blood pressure.

Climbing not advisable for pregnant women, asthmatics and people with

breathing, cardiac and joint problems.

# Mount Etna E-Mountain Biking Tour with Lunch Option at Palmento Costanzo Winery





Experience the awe-inspiring beauty of Sicily like never before! Join us for a thrilling, two-hour e-bike tour that takes you through breathtaking landscapes and hidden gems along secluded paths and trails. Feel the invigorating breeze as you explore the stunning volcanic environment of Mount Etna, one of nature's most powerful masterpieces.

This guided tour is perfect for all ages and skill levels, making it an ideal adventure for families and friends alike. Cycle through ancient lava fields and lush forests, including Etna's oldest and most picturesque pine forest where every turn reveals new wonders.

Optional add-on: After your exhilarating ride, indulge in a delightful Sicilian lunch at a charming winery where you can savor the rich flavors of local cuisine paired with some of the finest Etna wines. Don't miss this opportunity to connect with nature and enjoy the culinary treasures of Sicily!

Day Offered: Sunday, April 6

**Time:** 8:30 a.m. – 1:30 or 4 p.m.

**Activity Duration:** 5 hours without winery (1:30 p.m. return time),

7.5 hours with winery stop (4 p.m. return time)

**Transfer Time:** 1 hour, 15 minutes

Attire & Items to Bring: Comfortable shoes, hat, sunglasses, sunscreen and light wind jacket

Loved By: Adventure cyclists

**Inclusions:** Guided tour, all necessary equipment, transportation, beverages, lunch (if selected),

gratuities, English speaking guide.

# **Special Remarks:**

Operation of the activity is subject to weather/volcano conditions. Due to high altitudes, tour is not recommended for people suffering from high blood pressure. Climbing not advisable for pregnant women, asthmatics and people with breathing, cardiac and joint problems.

# Mount Etna Quad Tour with Lunch Option at Palmento Costanzo Winery





Get ready for an adrenaline-fueled adventure as we whisk you away from the hotel to the northern slopes of Mount Etna! Our journey begins with a short transfer by minivan to a cozy mountain hut nestled in the stunning Ragabo forest – part of the renowned Mount Etna National Park.

After a brief quad-driving orientation, it's time to hop on your quad and put on your helmet for an exhilarating ride! Each quad accommodates a driver and a passenger so you can share the excitement as you follow our experienced guide through this incredible landscape.

As you navigate the slopes of the iconic volcano, you'll traverse black lava fields and petrified rivers, immersing yourself in the lunar-like terrain. Feel the thrill of exploring dense forests and untouched nature all while discovering the unique beauty that this park has to offer. Along the way, we'll make a couple of stops at key points of interest to fully appreciate the stunning surroundings.

Optional add-on: After your exhilarating ride, head to a charming winery on the slopes of the volcano for a Sicilian lunch perfectly paired with some of the finest Etna wines. Don't miss this unique opportunity to blend adventure with the rich flavors of Sicily!

Day Offered: Sunday, April 6

**Time:** 8:30 a.m. – 1:30 or 4 p.m.

**Activity Duration:** 5 hours without winery (1:30 p.m. return time),

7.5 hours with winery stop (4 p.m. return time)

**Transfer Time:** 1 hour, 15 minutes

Attire & Items to Bring: Wear comfortable clothing, including a sweater or jacket as it can become windy

and cool. Comfortable closed shoes recommended.

Loved By: Thrill Seekers

**Inclusions:** Guided tour, all necessary equipment, transportation, beverages, lunch (if selected),

gratuities, English speaking guide.

**Special Remarks:** This excursion involves off-road driving through rugged paths and winding roads

and walking on uneven, slippery, uphill surfaces. Tour is not recommended for

guests with back or neck problems or other health problems.

# Cooking Class and Lunch in Grandma's Kitchen at Cucina de Sole





Discover Sicily through its rich culinary traditions with a unique cooking experience at Cucina Del Sole, located on the sun-soaked slopes of Mount Etna, just outside Catania. Surrounded by olive groves, citrus orchards, and vineyards producing the renowned DOC wines of Etna, this stunning setting offers the perfect introduction to Sicily's flavors and ingredients.

Hosted by gastronomy journalist Monica Consoli in her charming 18th-century Sicilian home, this hands-on class takes place in the same cozy kitchen where Monica's grandmother mastered traditional Sicilian cooking. Over the course of three hours, you'll learn to prepare classic Sicilian dishes with a focus on fresh pasta, fish and vegetable recipes.

Following the class, enjoy an aperitif in the fragrant garden, filled with citrus trees and jasmine. Then, savor the fruits of your labor during a final dinner, where you'll taste the dishes you've created. This unforgettable experience combines history, culture and the vibrant flavors of Sicily into a culinary adventure like no other.

Day Offered: Sunday, April 6

**Time:** 9:45 a.m. – 3:30 p.m.

**Activity Duration:** 5 hours, 30 minutes

**Transfer Time:** 50 minutes

Attire & Items to Bring: Comfortable, light casual attire is recommended, as it can get warm in the

kitchen.

Loved By: Tradition Tasters

**Inclusions:** Approximately three hours of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Dinner, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** No prior cooking experience required. Portions of the experience are outdoors;

please consider the weather and bring a light jacket if needed.

# Cooking Class with Michelin Star Chef - Gluten Free Experience





Embark on a culinary journey that will immerse you in the vibrant world of Sicilian gastronomy! Join us at The Cooking Lab in picturesque Taormina for an exclusive cooking lesson led by the renowned Chef Pietro D'Agostino, the culinary genius behind the Michelin-starred restaurant La Capinera.

In this intimate, hands-on experience, Chef D'Agostino will share his secrets and techniques that have earned him Michelin acclaim. Discover the art of selecting the finest ingredients, learn how to enhance the natural flavors of Sicily's rich culinary traditions and prepare an authentic Sicilian meal from scratch. You'll combine time-honored methods with a modern twist to create exquisite dishes that celebrate the island's culinary heritage.

After the cooking session, savor the delicious meal you've crafted, perfectly paired with exquisite local wines. As a cherished keepsake of your culinary adventure, you'll receive a cooking certificate to commemorate your experience. Don't miss this unique opportunity to deepen your appreciation of Sicilian cuisine – and take home new skills to impress friends and family!

Day Offered: Sunday, April 6

**Time:** 10 a.m. – 2 p.m.

**Activity Duration:** 4 hours

**Transfer Time:** 20-minute walk from hotel (.7 miles)

Attire & Items to Bring: Comfortable clothing, avoid loose sleeves

Loved By: Taste Explorer

**Inclusions:** Approximately two hours of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Lunch, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** This class will be entirely gluten-free. No previous cooking experience required.

#### **Cooking Class and Lunch at Villa Lawrence**





Experience the charm of Sicilian cuisine in a truly unique setting—Villa Lawrence, the former home of literary icons D.H. Lawrence and Truman Capote, now a historic family residence. In this intimate cooking experience, Chef Louisa invites you to her private kitchen to embark on a culinary journey steeped in tradition and flavor.

Spend two hours hands-on in the kitchen, where you'll learn to prepare a delicious four-course meal using the freshest local ingredients and time-honored techniques. Midway through, enjoy a relaxing aperitif and food tasting to whet your appetite. Afterward, sit down on the villa's private terrace, overlooking breathtaking sea views, to savor your creations paired with exquisite wines. This is more than just a cooking class—it's an unforgettable afternoon of history, flavors and the beauty of Sicily.

Day Offered: Sunday, April 6

**Time:** 10 a.m. – 2 p.m.

**Activity Duration:** 5 hours, 30 minutes

**Transfer Time:** 15 minutes

Attire & Items to Bring: Comfortable clothing is recommended but consider bringing a light jacket or

shawl for the terrace, where it may get breezy.

**Loved By:** Food and Wine Aficionados

**Inclusions:** Approximately two hours of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Dinner, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** No prior cooking experience required. Portions of the experience are outdoors;

please consider the weather and dress appropriately for the terrace.

# Pizza Making and Tasting at Villa Zuccaro





Your experience begins with an engaging introduction to the key ingredients that make Sicilian pizza truly special, including the finest flours, fresh local produce and a variety of delicious toppings. Watch as our talented chef demonstrates the art of pizza-making, sharing techniques that have been passed down through generations. Feel free to ask questions and immerse yourself in this interactive demonstration.

Kick off your journey with a glass of sparkling wine paired with a selection of family-style appetizers featuring regional delicacies and seasonal bites—setting the perfect stage for your culinary adventure.

Next, roll up your sleeves for the hands-on portion of the class! You'll start with perfectly risen pizza dough, kneading and shaping it to your liking. Under the expert guidance of our chef, personalize your pizza with a variety of fresh toppings. Once your masterpiece is ready, it will be expertly carried to the traditional wood-fired oven where it will be cooked to perfection and served straight to you.

Relax and savor the delicious flavors of your custom pizza in the stunning surroundings of Villa Zuccaro. To top off your experience, indulge in a delightful house-made dessert, providing a sweet conclusion to this authentic Sicilian culinary journey. Don't miss this chance to create, taste and enjoy a slice of Sicily!

Day Offered: Sunday, April 6

**Time:** 11:15 a.m. – 2:15 p.m.

Activity Duration: 3 hours

**Transfer Time:** 5 minute walk from hotel (.2 miles)

**Attire & Items to Bring:** Please wear comfortable, light, and breathable clothing suitable for a hands-on

cooking experience. Closed-toed shoes are required near the wood-fired oven.

Loved By: Pizza Lovers

**Inclusions:** Approximately one hour of hands-on cooking instruction followed by a dining

experience to savor the dishes that you create. Lunch, beverages, gratuities and

English-speaking guide will be provided.

**Special Remarks:** No prior cooking experience required. Please contact the events team if you are not

able/would prefer not to walk up to one mile to the dinner location.

# La Dolce Vita Spa Escape





"La Dolce Vita" translates to "The Sweet Life" in Italian, capturing the essence of enjoying life's simple pleasures, relaxation and indulgence—making it the perfect theme for a luxurious Italian spa day.

Indulge in a lavish spa experience for two at the exquisite San Domenico Palace in Sicily, where tranquility meets elegance. Begin your retreat with a rejuvenating treatment expertly crafted to relax and revitalize your senses. Choose from a selection of soothing therapies, including massages and facials, all set within the serene ambiance of the palace's opulent spa facilities.

To complement your pampering session, delight in a culinary journey with a room service credit, ensuring your day of relaxation is complete.

Day Offered: Sunday, April 6

**Time:** Spa appointments available 8 a.m. – 3 p.m.

Dinner at leisure

Activity Duration: 60 minutes

**Transfer Time:** None – on the San Domenico Palace property

**Attire & Items to Bring:** To fully enjoy the experience, please bring a bathing suit. Towels, sandals and

robes are provided.

Services: Sicily Body Scrub: 50 Minutes

Revitalize your body with a full exfoliation treatment. Begin with a soothing massage using warm botanical oils, followed by a mineral rice exfoliant and a

refreshing Sicilian citrus-scented oil.

#### **Purifying Facial: 60 Minutes**

This facial uses premium Barbara Sturm products to deliver essential hydration and minimize impurities, resulting in an instant calming effect. It also helps reduce the appearance of fine lines and wrinkles, leaving skin smoother, more hydrated and healthier.

#### **Taormina Aromatherapy and Relaxation Massage: 60 Minutes**

Indulge in an aromatic massage with a warm blend of pure Sicilian citrus oils. This relaxing experience strengthens the immune system, rebalances the breath and deeply relaxes both mind and body.

#### **Etna Deep Tissue Massage: 60 Minutes**

This massage combines the powerful aromas of myrtle and mastic—plants native to the Mediterranean Maquis—with deep, de-contracting techniques to help relieve muscle tension.

Loved By: Tranquility Seekers

**Inclusions:** Appointment, gratuities, room credit for dinner.

**Special Remarks:** Couples massages for the Taormina Aromatherapy and Etna Deep Tissue

experiences may be requested during registration.

# Day at Leisure with Room Service Credit



Experience the charm and luxury of Taormina in your own way with a room service credit designed for relaxation and personalization. Whether you crave an elegant breakfast, a leisurely lunch with flavors that capture the heart of Sicily or an aperitivo without leaving the comfort of your room, this credit gives you the freedom to enjoy it all. With the stunning San Domenico Palace as your backdrop, take the opportunity to unwind, savor and immerse yourself in the best of Taormina, all at your own pace.

Day Offered: Sunday, April 6

Time: At leisure

**Transfer Time:** None – on the San Domenico Palace property

Loved By: Leisure Lovers

**Inclusions:** \$75 per person room service credit